## National Yang Ming Chiao Tung University Guidelines for the

## Implementation of Physical Education

Approved at the second University Curriculum Committee meeting of the 2022–2023 academic year on Nov. 28, 2022

Reviewed and approved at the second academic affairs meeting of the 2022–2023 academic year on Dec. 29, 2022

- Article 1 The National Yang Ming Chiao Tung University Guidelines for the Implementation of Physical Education (hereafter "the Guidelines") are established to improve the physical fitness of students; promote their physical, mental, and personality development; foster their lifelong interest in exercise and their exercise skills; achieve the vision of holistic education; and conduct physical education (PE) courses for them.
- Article 2 In accordance with the National Yang Ming Chiao Tung University Regulations for General Education Curriculum, compulsory PE courses are zero-credit courses and shall be taken by all students during the six semesters of their first three years of university. Any student who fails to do so shall attend make-up PE courses in subsequent semesters up to a maximum of two PE courses per semester.
- Article 3 The PE courses discussed herein may be compulsory or elective. Compulsory courses comprise 2 hours of classes weekly that give zero credits. Elective courses comprise 2 hours of class weekly that give 1 credit and shall not count toward the compulsory PE courses required to be taken in the first three years of university. A student may take up to one elective PE course per semester. Each department may decide whether elective PE courses count toward the minimum required credits for its students to graduate.
- Article 4 The performance of students in PE courses is assessed by PE teachers on the basis of the students' exercise skills, learning attitudes, and knowledge of PE and pursuant to the National Yang Ming Chiao Tung University Regulations for Grading of Students. Students who fail a course shall retake the course or take another PE course.
- Article 5 Students who are admitted to National Yang Ming Chiao Tung University (hereafter "NYCU") on the basis of their excellent athletic performance shall take the PE courses conducted by the NYCU sports team to which they belong for a minimum of six semesters.
- Article 6 Undergraduate students with a disability status or medical documents that prove that they are unsuitable for regular PE courses may apply to enroll in adapted PE courses through the Center for Physical Education and Sports.
- Article 7 Students with severe disabilities may apply for exemption from the requirement to take compulsory PE courses by submitting documentary proof of their unsuitability for PE courses, which are issued by a regional or higher level hospital contracted by the National Health Insurance Administration, after which the documentary proof shall be reviewed at a curriculum committee meeting of the Center for Physical Education and Sports and be subsequently approved by

the Dean of Academic Affairs.

- Article 8 Applications for PE credit waivers shall be made in accordance with NYCU's Credit Waiver Guidelines for Physical Education Courses. A waiver shall take effect after a waiver application has been reviewed and approved by the Center for Physical Education and Sports.
- Article 9 Any matter that is not addressed in the Guidelines shall be subject to the other relevant rules and regulations of NYCU.
- Article 10 The Guidelines and all amendments thereto shall take effect after they have been reviewed and approved at both a University Curriculum Committee meeting and an academic affairs meeting.